



एक भारत श्रेष्ठ भारत
Ek Bharat Shreshtha Bharat (EBSB)
University of Madras



Event Report – October 2020

1. Event name

Food Habits of the people of Jammu & Kashmir

2. Venue

University of Madras – Online Platform – CISCO WebEx

3. Date & Time

12 October 2020, 5:00 – 6:30 p.m.

4. State-Pair

Jammu & Kashmir

5. Brief about event

Online interaction about the food habits of the Kashmiri people



6. Report of the event

This online event was organized through the CISCO WebEx platform on 12th October 2020. The resource person was Dr. Firdous Ahmed Bhat, who is a teacher at Jammu & Kashmir. It was well attended by participants across the country. The resource person presented a comprehensive view on the food habits of people of Kashmir. He also spoke about the health benefits that the food habits indicated. His talk beautifully depicted the intricacies of food and culture in the Kashmini context. He also elaborated on the importance of ‘Wazwan’, and showed many mouth-watering dishes in his presentation. The participants were eger to know how the Kashmiri people liked salt in their tea – ‘Noon Chai’ which also has a distinctive pinkish hue. The participants were very active and also discussed about the food culture of Tamil Nadu with the resource person. It was


a very fruitful session and the feedback indicates a need for more such sessions to be organized.


7. Brochure

The Brochure is attached:


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RUSA 2.0 


Organises a Special Lecture on
'Food Habits of the people of Jammu & Kashmir'

By
Dr. Firdous Ahmed Bhat
Teacher, Jammu & Kashmir 

 **12 October 2020 @ 5:00-6:30 p.m.**

Meeting ID : 170 665 9345
Password : Food12


Webex Meetings

Organisers
Dr. B. Anandan
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Convenor